



Breakfast	Everyday					Monday, Thursday, Sunday	
							
	Monday 16-Jan Omelet Station	Tuesday 17-Jan Scrambled Eggs w/ Burrito bar Smoked Sausage	Wednesday 18-Jan Scrambled Eggs w/ Burrito bar Corn beef Hash	Thursday 19-Jan Omelet Station	Friday 20-Jan Scrambled Eggs w/ Burrito bar Grilled Ham	Saturday 21-Jan Brunch	Sunday 22-Jan Brunch w/Omelet Station
	Scrambled Eggs Bacon Hash Brown Triangles Breakfast Pizza Oatmeal	Home Fries French Toast Sticks Grits	Hash browns Apple Crepes Sonia's Cornmeal	Scrambled Eggs Sausage Patties Potato Pancakes Apple Cinnamon Oatmeal	Hash brown Casserole Fried Egg w/ Cheese on Enelish Muffin Cheddar Grits	Scrambled Eggs Sausage Links Hash Brown Patties	Scrambled Eggs Bacon Sausage Patties Hash browns
	Monday 23-Jan	Tuesday 24-Jan	Wednesday 25-Jan	Thursday 26-Jan	Friday 27-Jan	Saturday 28-Jan	Sunday 29-Jan
	Scrambled Eggs Bacon Hash Brown Triangles Banana Bread French Toast Oatmeal	Burrito Bar Smoked Sausage Home Fries National Sticky Bun Day Grits	BYO Croissant sandwich Corn beef Hash Hash browns Sonia's Cornmeal	Scrambled Eggs Sausage Patties Potato Pancakes Spinach and Feta Quiche oatmeal	Burrito Bar Grilled Ham Hash brown Casserole PB Choc Chip Pancake Day Cheddar Grits	Scrambled Eggs Sausage Patties Hash Brown Patties	Scrambled Eggs Bacon Sausage Links Potato Pancakes
	Monday 30-Jan	Tuesday 31-Jan	Wednesday 1-Feb	Thursday 2-Feb	Friday 3-Feb	Saturday 4-Feb	Sunday 5-Feb
	Scrambled Eggs Bacon Hash Brown Triangles Ham, Egg and Cheese Croissant Pockets Oatmeal	Scrambled Eggs w/ Burrito bar Smoked Sausage Home Fries French Toast Sticks Grits	Scrambled Eggs w/ Burrito bar Corn beef Hash Hash browns Quiche Lorraine Sonia's Cornmeal	Scrambled Eggs Sausage Patties Potato Pancakes Confetti Pancakes Cream Of Wheat	Scrambled Eggs w/ Burrito bar Grilled Ham Hash brown Casserole Steak, Egg and Cheese Baeel Cheddar Grits	Scrambled Eggs Sausage Links Hash Brown Patties	Scrambled Eggs Bacon Sausage Patties Home Fried Potatoes
	Monday 6-Feb	Tuesday 7-Feb	Wednesday 8-Feb	Thursday 9-Feb	Friday 10-Feb	Saturday 11-Feb	Sunday 12-Feb
	Scrambled Eggs Bacon Hash Brown Triangles Oatmeal Ham, Egg and Cheese Croissant Pockets	Scrambled Eggs w/ Burrito bar Fried Taylor Ham Home Fries Grilled Egg and Cheese Sandwich Grits	Scrambled Eggs w/ Burrito bar Corn beef Hash Hash browns Fried Eggs Sonia's Cornmeal	Scrambled Eggs Sausage Patties Potato Pancakes Challah French Toast Maple Brown Sugar Oatmeal	Scrambled Eggs w/ Burrito bar Grilled Ham Hash brown Casserole Breakfast Pizza Cheddar Grits	Scrambled Eggs Sausage Patties Hash Brown Patties	Scrambled Eggs Bacon Sausage Links Home Fried Potatoes
	Monday 13-Feb	 Tuesday 14-Feb	Wednesday 15-Feb	Thursday 16-Feb	Friday 17-Feb	Saturday 18-Feb	Sunday 19-Feb
	Scrambled Eggs Bacon Hash Brown Triangles Oatmeal French Toast Sticks	Scrambled Eggs w/ Burrito bar Smoked Sausage Home Fries Cheese Blintz w/ Strawberries Grits	Scrambled Eggs w/ Burrito bar Corn beef Hash Hash browns Fried Eggs Sonia's Cornmeal	Scrambled Eggs Sausage Patties Potato Pancakes Texas French Toast Cream of Rice	Scrambled Eggs w/ Burrito bar Grilled Ham Hash brown Casserole Breakfast Fritta Cheddar Grits	Scrambled Eggs Sausage Links Hash Brown Patties	Scrambled Eggs Bacon Sausage Patties Hash Browns
	Monday 20-Feb	Tuesday 21-Feb	Wednesday 22-Feb	Thursday 23-Feb	Friday 24-Feb	Saturday 25-Feb	Sunday 26-Feb
	Scrambled Eggs Bacon Hash Brown Triangles Oatmeal Ham, Egg and Cheese Croissant Pockets	Scrambled Eggs w/ Burrito bar Smoked Sausage Home Fries Grits National Sticky Bun Day	Scrambled Eggs w/ Burrito bar Corn beef Hash Hash browns Spinach and Feta Quiche Sonia's Cornmeal	Scrambled Eggs Sausage Patties Potato Pancakes Banana Bread French Toast Oatmeal	Scrambled Eggs w/ Burrito bar Grilled Ham Hash brown Casserole Peanut Butter Chocolate Chip Pancakes	Scrambled Eggs Sausage Patties Hash Brown Patties	Scrambled Eggs Bacon Sausage Links Hash Browns
	Monday 27-Feb	 Tuesday 28-Feb	Wednesday	Thursday	Friday	Saturday	Sunday
	Scrambled Eggs Bacon Hash Brown Triangles Oatmeal Ham, Egg and Cheese Sandwich	Scrambled Eggs w/ Burrito bar Mini Steak Fritter Mini King Cakes Herb Wrap w/ Andouille Sausage and Home fries					

Lunch		Everyday				Every Friday	
							
	Monday 16-Jan	Tuesday 17-Jan	Wednesday 18-Jan	Thursday 19-Jan	Friday 20-Jan	Saturday 21-Jan Brunch	Sunday 22-Jan Brunch
Classic	Grilled Hamburgers	Country Fried Steak	<u>Welcome Back</u>	Grilled Honey Poppy Ham	Fried Pork Chops		Lamb Shanks
Healthy Edge	French Fries	Mashed Potato w/ Country Gravy	<u>Live Pasta Station</u>	Sweet Potatoes	Potatoes Au Gratin	Popcorn Shrimp	Orzo w/ Herb Jus
Passport	Grilled Chicken Breast	Lemon Pollock	Pesto Tilapia	Chicken Tikka	Collard Greens	Vegetable Rice	Chicken Curry
	Brown Rice Pilaf	Vegetable Cous Cous	Steamed Rice	Basmati Rice with Peas	Jamaican Jerk Chicken		Parsley Potatoes
	Fried Catfish	Turkey Tetrazzini	Meatballs Marinara	Beef Bourguignon with Egg Noodles	Coconut Rice		
	Monday 23-Jan	Tuesday 24-Jan	Wednesday 25-Jan	Thursday 26-Jan	Friday 27-Jan	Saturday 28-Jan	Sunday 29-Jan
Classic	Popcorn Chicken Bowl	Salisbury Steak	<u>Burger Bar</u>	Roast Turkey w/ Dressing	Beef n Oxtail Stew		Roast Prime Rib
Healthy Edge	Buttered Corn	Scalloped Potatoes	Grilled All Beef Burger	Root Vegetables	Herb Dumplings		Slice Turkey
Passport	Whole Wheat Pasta Prima Vera	Grilled Herb Chicken	Grilled Turkey and Black Bean Burgers	Thai Red Chicken Curry with Rice Noodles	Roast Chicken Rice Pilaf	Philly Steak Pasta	Cornbread Stuffing
	Korean Beef Bowl	Cranberry Almond Green Beans	Fresh Veggie Bar W/ Flat Bread and Hummus	Jamaican Fish Fritters Steamed Rice	Lima Beans		French Onion Potatoes
	Jasmine Rice	Baked Ziti			Garlic Shrimp w/ Cheesv Grits		
	Monday 30-Jan	Tuesday 31-Jan	Wednesday 1-Feb	Thursday 2-Feb	Friday 3-Feb	Saturday 4-Feb	Sunday 5-Feb
Classic	Chicken Nuggets	Mama's Lasagna	Taco Bar	Roast Thyme Pork w/ Dark Cherrv Glaze	<u>National Soup Day</u>		Roast Pork with Apple
Healthy Edge	Spicy Curley Fries	Ratatouille	Chipotle Chicken	Parsley Potatoes	<u>Soup and Sandwich Bar</u>		Curry Shrimp Pasta
Passport	Teriyaki Vegetables	Orange Chicken Thighs	Blackened Pollock	Margherita Chicken Parmesan Rice	Loaded Potato Soup	Beans and Weenies	Roasted Root Vegetables
	Brown Rice Pilaf	Brown Rice Pilaf	Seasoned Beef	Roast Vegetables	Grilled Ham and Cheese		
		Bulgogi - Korean BBQ Beef	Stuffed Shells	Seafood Alfredo	Fried Pollock		
				Tricolored Cavattappi	Red Cabbage Slaw		
					French Dip		
					Fried Pickles		
	Monday 6-Feb	Tuesday 7-Feb	Wednesday 8-Feb	Thursday 9-Feb	Friday 10-Feb	Saturday 11-Feb	Sunday 12-Feb
Classic	Turkey Bacon Cheddar Melt	Beef Ravioli	<u>Chicken Tender Bar</u>	Beef and Cheese Enchiladas	Braised Beef Brisket		
Healthy Edge	Fresh Potato Chips	Garlic Parmesan Biscuits	Buffalo, Honey Garlic, Traditional	Saffron Rice	Sour Cream Mashed Potatoes		Grilled Sirloin Steaks
Passport	Grilled Garlic Chicken	Pan Fried Tilapia	Tilapia Francaise	Pinto Bean Stew	Chicken Pot Pie	Chicken n Biscuits	Stuffed Cabbage
	Sweet Potato Tots	Sonia's Roast Pork w/ Sweet Plantains	Bun Stuffed Cha Siu Bao (BBQ Pork Stuffed Buns)	Baked Italian Chicken	Cinnamon Apples		Baked Potato Bar
	Spicy Mapo Noodles	Rice w/ Pigeon Peas		Mushroom Risotto	Honey Cornbread		
	Monday 13-Feb	Tuesday 14-Feb	Wednesday 15-Feb	Thursday 16-Feb	Friday 17-Feb	Saturday 18-Feb	Sunday 19-Feb
Build Your Own	Burger Bar	<u>Valentine Feast</u>	Chicken Fingers	Pasta Bar	Fried Chicken	Chili Mac Bake	Braised Beef Liver with onions and Bacon
Healthy Edge	Gobi Allo (Indian Curry with Potatoes	Beef Tenderloin Stir Fry Station	Spinach Pie	New England Baked Pollock with Rice Pilaf	Meatloaf Cupcakes		Lasagna
Passport	Popcorn Chicken Bowl	Sautéed Chicken	Mediterranean Vegetables	Salisbury Steak	Mashed Potatoes		
	Buttered Corn	Scaloppini w/ Cream sauce	Gyros	Scallop Potatoes	Green Beans w/ Bacon		
	Tater Tots	caramelized dates and bacon	French Fries	Broccoli			
		Seafood Stuffed Tilapia					
	Monday 20-Feb	Tuesday 21-Feb	Wednesday 22-Feb	Thursday 23-Feb	Friday 24-Feb	Saturday 25-Feb	Sunday 26-Feb
Build Your Own	Burger Bar	Taco Bar	Chicken Fingers	Pasta Bar	Fried Chicken		New England Pot Roast
Healthy Edge	Baked Ziti	Jerk Pork / Orzo /Glazed Carrots	Chili Mac / Green Beans / Corn Bread	Sonia's Pork	Open Faced Roast Beef Sandwich	Bacon Cheddar Chicken Pasta	Crab Cakes
Passport	Citrus Swai	White Rice / Pinto Beans	Roast Turkey / Mashed Potato / Green Peas	Rice w / Pigeon Peas	Beef Stroganoff		Rice Pilaf
	Veg Medley / Brown Rice	Herbed Grilled Chicken		Blackened Tilapia / Sautéed Spinach / Roast	Egg Noodles w/ Dill Butter		
	Monday 27-Feb	Tuesday 28-Feb	Wednesday	Thursday	Friday	Saturday	Sunday
Build Your Own	Burger Bar	<u>Mardi Gras Celebration</u>					
Healthy Edge	Tilapia w/ Dill Sauce	Cajun Chicken w/ Rotini Pasta					
Passport	Baked Sweet Potatoes	Seasoned Beef Dirty Rice					
	Grilled Hot Dogs	Shrimp Etouffee					
		Stewed Okra					

Dinner	Everyday					Every Friday	
							
Monday 16-Jan	Tuesday 17-Jan	Wednesday 18-Jan	Thursday 19-Jan	Friday 20-Jan	Saturday 21-Jan	Sunday 22-Jan	
<u>Martin Luther King Day</u>	<u>Royal Welcome Back</u>	Chicken Tenders	Grilled Pork Chops	Mini Corn Dogs	Spaghetti Bolognese	Beef Stew	
Fried Chicken	Grilled Strip Steaks	Tater Tots	Roast Potatoes	Mac n Cheese	Garlic Rolls	Grilled Garlic Chicken	
Fried Green Tomatoes	Chicken Cordon Blue En Croute	Chuck Wagon Corn	Baked Rotini Casserole	Grilled Hamburgers	Fried Veal Patties	Red Skin Potatoes	
Hush Puppies	Honey Glazed Salmon	Salisbury Steak	Glazed Carrots	Shoe String Fries	Garlic Mashed Potatoes	California Vegetables	
Baked Cornmeal Crustrated Catfish	Baked Potato Bar	Cheddar Mashed Potatoes	Garlic Bread	Fried Pickles			
Monday 23-Jan	Tuesday 24-Jan	Wednesday 25-Jan	Thursday 26-Jan	Friday 27-Jan	Saturday 28-Jan	Sunday 29-Jan	
Chicken Ala Vodka	Southwest Chicken	Shrimp Egg Foo Young	Spaghetti with Meatballs	Chicken Tenders			
Pesto Rotini	Chipotle Home Fries	Fried Rice	Garlic Zucchini w/ Roasted Red Peppers	Fried Mac n Cheese	Frito Pie	BBQ Chicken	
Roast Cauliflower	Black Beans	Sesame Broccoli Egg Rolls		Grilled Burgers	Seasonal Vegetables	Baked Beans	
Bun Stuffed Cha Siu Bao (BBQ Pork Stuffed Buns)	Cheddar Corn Meal Biscuits	Sloppy Joes	Seared Pollock with Mango Chutney	Garlic Parmesan Fries	Grilled Orange Chicken Breast	Carnitas	
		Tater Tots		Onion Rings		Roasted Red Pepper Corn	
Monday 30-Jan	Tuesday 31-Jan	Wednesday 1-Feb	Thursday 2-Feb	Friday 3-Feb	Saturday 4-Feb	Sunday 5-Feb	
Chicken Parmesan	Quesadilla Bar	Country Fried Steak	Tortilla Crusted Pork Chops	Chicken Wing Bar	Pizza Bake	<i>Grilled Pesto Chicken with Sundried tomatoes</i>	
Parsley Penne	Refried Beans	Pepper Gravy	Yellow Rice	Chipotle, Garlic Parmesan and Buffalo Grilled Burger bar	Orange Spiced Tilapia		
Slow Cooked Beef Barbacoa	Southwest Vegetable	Mashed Potatoes	Pinto Bean Stew		Basmati Rice	Slow Cooked Beef Barbacoa	
Slow Cooked Beef Barbacoa	Stuffed Shells	Past Bar	Baked Ravioli	Onion Straws	Peas and Carrots	Mexican Rice	
Mexican Rice		Marinara, Meatsauce, Alfredo					
Monday 6-Feb	Tuesday 7-Feb	Wednesday 8-Feb	Thursday 9-Feb	Friday 10-Feb	Saturday 11-Feb	Sunday 12-Feb	
Ranch Chicken	Stromboli's	Beef and Broccoli	<i>Hawaiian Luau</i>	General Tso Chicken	Chicken, Red Pepper and Spinach Flat Breads	Chicken Tenders	
French Onion Roast Potatoes	Meatlovers	Swai Florentine	Roast Suckling Pig	Jasmine Rice		French Fries	
Shrimp Egg Foo Young	Vegetarian	Basamati Rice	Maui Chicken	Fried Pot Stickers	Riblette Sandwich		
Mei Fun	Tortellini Bolognese	Fried Pork Chops	Seared Ahi Tuna	Grilled Burgers	Beef Tips	Past Bar	
		Mashed Potatoes	Coconut Rice	French Fries	Creamed Spinach	Marinara, Meatsauce, Alfredo	
Monday 13-Feb	Tuesday 14-Feb	Wednesday 15-Feb	Thursday 16-Feb	Friday 17-Feb	Saturday 18-Feb	Sunday 19-Feb	
Burger Bar	Taco Bar	Chicken Fingers	Pasta Bar	Fried Chicken	Tuscan Chicken	Sausage and Peppers	
Roast Chicken	Orange Ginger Glazed Pork	Pepper Steak	Garlic Bread	Grilled Cuban Sandwiches	Beef Burrito's	Parsley Penne	
Mashed Potatoes with Gravy	Wild Rice	Basamati Rice	Cube Steak	Curley Fries	Rice w/ Pinto Beans	Grilled Chipotle Chicken	
Tater Tots		Stir Fry Vegetables	Au Gratin Potatoes		Red Skin Potatoes	Yellow Rice	
		French Fries	Vegetable Medley				
Monday 20-Feb	Tuesday 21-Feb	Wednesday 22-Feb	Thursday 23-Feb	Friday 24-Feb	Saturday 25-Feb	Sunday 26-Feb	
Burger Bar	Taco Bar	Chicken Fingers	Pasta Bar	Fried Chicken	Roast Chicken	Bubble Pizza	
BBQ Night	Chicken Sandwich	Meatball Subs	Philly Steaks	Baked Potato Bar	Mashed Potatoes	Slice Roast Beef Au Jus	
Lemon Poached Flounder	Fresh Herbed Chicken Breast	Roasted Pork w/ Fresh Cauliflower / Quinoa	Grilled White Fish	Shrimp Stir Fry	Past Bar	Scalloped Potatoes	
Chef Fresh Veg	Steamed Green Beans / Brown Rice		steamed Cabbage / Orzo	Brown Rice / Broccoli	Marinara, Meatsauce, Alfredo		
Monday 27-Feb	Tuesday 28-Feb	Wednesday	Thursday	Friday	Saturday	Sunday	
Burger Bar	Taco Bar						
Chicken n Dumplings	Chicken Teriyaki						
Mashed Potatoes	Jasmine Rice						
Green Beans w/ Bacon	Oriental Vegetables						